Download the NANDA nursing diagnosis list 2018-2020 in PDF format.

Please note that NANDA-I doesn’t advise on using NANDA Nursing Diagnosis labels without taking the nursing diagnosis in holistic approach. NANDA-I explained this in their website as follow:

There is no real use for simply providing a list of terms – to do so defeats the purpose of a standardized language. Unless the definition, defining characteristics, related and / or risk factors are known, the label itself is meaningless. Therefore, we do not believe it is in the interest of patient safety to produce simple lists of terms that could be misunderstood or used inappropriately in a clinical context.

Definition of a Nursing Diagnosis

A nursing diagnosis is defined by NANDA International (2013) as a clinical judgment concerning a human response to health conditions/life processes, or vulnerability for that response, by an individual, family, group, or community.

New NANDA Nursing Diagnoses

In this edition of NANDA nursing diagnosis list (2018-2020), seventeen new nursing diagnoses were approved and introduced. These new approved nursing diagnoses are:

- Readiness for enhanced health literacy
- Ineffective adolescent eating dynamics
- Ineffective child eating dynamics
- Ineffective infant eating dynamics
- Risk for metabolic imbalance syndrome
- Imbalanced energy field
- Risk for unstable blood pressure
Risk for complicated immigration transition
Neonatal abstinence syndrome
Acute substance withdrawal syndrome
Risk for acute substance withdrawal syndrome
Risk for surgical site infection
Risk for dry mouth
Risk for venous thromboembolism
Risk for female genital mutilation
Risk for occupational injury
Risk for ineffective thermoregulation

Retired NANDA Nursing Diagnoses

In this latest edition of NANDA nursing diagnosis list (2018-2020), eight nursing diagnoses were removed from compared to the old nursing diagnosis list (2015-2017). These nursing diagnoses are:

Risk for disproportionate growth
Noncompliance (Nursing Care Plan)
Readiness for enhanced fluid balance
Readiness for enhanced urinary elimination
Risk for impaired cardiovascular function
Risk for ineffective gastrointestinal perfusion
Risk for ineffective renal perfusion
Risk for imbalanced body temperature

Approved NANDA Nursing Diagnosis List

NANDA Nursing Diagnosis Domain 1. Health promotion
Class 1. Health awareness

Decreased diversional activity engagement (Nursing Care Plan)
Readiness for enhanced health literacy
Sedentary lifestyle (Nursing care Plan)

Class 2. Health management

Frail elderly syndrome (Nursing care Plan)
Risk for frail elderly syndrome
Deficient community health
Risk-prone health behaviour
Ineffective health maintenance (Nursing care Plan)
Ineffective health management
Readiness for enhanced health management
Ineffective family health management
Ineffective protection

NANDA Nursing Diagnosis Domain 2. Nutrition

Class 1. Ingestion

Imbalanced nutrition: less than body requirements (Nursing care Plan)
Readiness for enhanced nutrition
Insufficient breast milk production
Ineffective breastfeeding (Nursing care Plan)
Interrupted breastfeeding (Nursing care Plan)
Readiness for enhanced breastfeeding
Ineffective adolescent eating dynamics
Ineffective child eating dynamics
Ineffective infant feeding dynamics
Ineffective infant feeding pattern (Nursing care Plan)
Obesity
Overweight
Risk for overweight
Impaired swallowing (Nursing care Plan)

Class 2. Digestion

This class does not currently contain any diagnoses

Class 3. Absorption

This class does not currently contain any diagnoses

Class 4. Metabolism

Risk for unstable blood glucose level (Nursing care Plan)
Neonatal hyperbilirubinemia
Risk for neonatal hyperbilirubinemia
Risk for impaired liver function
Risk for metabolic imbalance syndrome

Class 5. Hydration

Risk for electrolyte imbalance
Risk for imbalanced fluid volume
Deficient fluid volume (Nursing care Plan)
Risk for deficient fluid volume
Excess fluid volume (Nursing care Plan)

NANDA Nursing Diagnosis Domain 3. Elimination and exchange

Class 1. Urinary function

Impaired urinary elimination
Functional urinary incontinence
Overflow urinary incontinence
Reflex urinary incontinence
Stress urinary incontinence
Urge urinary incontinence
Risk for urge urinary incontinence
Urinary retention
Class 2. Gastrointestinal function

Constipation (Nursing care Plan)
Risk for constipation
Perceived constipation
Chronic functional constipation
Risk for chronic functional constipation
Diarrhoea
Dysfunctional gastrointestinal motility
Risk for dysfunctional gastrointestinal motility
Bowel incontinence

Class 3. Integumentary function

This class does not currently contain any diagnoses

Class 4. Respiratory function

Impaired gas exchange

NANDA Nursing Diagnosis Domain 4. Activity/rest

Class 1. Sleep/rest

Insomnia
Sleep deprivation
Readiness for enhanced sleep
Disturbed sleep pattern

Class 2. Activity/exercise

Risk for disuse syndrome
Impaired bed mobility
Impaired physical mobility
Impaired wheelchair mobility
Impaired sitting
Impaired standing
Impaired transfer ability
Impaired walking

Class 3. Energy balance

Imbalanced energy field
Fatigue
Wandering

Class 4. Cardiovascular/pulmonary responses

Activity intolerance
Risk for activity intolerance
Ineffective breathing pattern
Decreased cardiac output
Risk for decreased cardiac output
Impaired spontaneous ventilation
Risk for unstable blood pressure
Risk for decreased cardiac tissue perfusion
Risk for ineffective cerebral tissue perfusion
Ineffective peripheral tissue perfusion
Risk for ineffective peripheral tissue perfusion
Dysfunctional ventilatory weaning response

Class 5. Self-care

Impaired home maintenance
Bathing self-care deficit
Dressing self-care deficit
Feeding self-care deficit
Toileting self-care deficit
Readiness for enhanced self-care
Self-neglect

NANDA Nursing Diagnosis Domain 5. Perception/cognition

NANDA Nursing Diagnosis Class 1. Attention
Unilateral neglect

Class 2. Orientation

This class does not currently contain any diagnoses

Class 3. Sensation/perception

This class does not currently contain any diagnoses

Class 4. Cognition

Acute confusion
Risk for acute confusion
Chronic confusion
Labile emotional control
Ineffective impulse control
Deficient knowledge
Readiness for enhanced knowledge
Impaired memory

Class 5. Communication

Readiness for enhanced communication
Impaired verbal communication
NANDA Nursing Diagnosis Domain 6. Self-perception

Class 1. Self-concept

Hopelessness
Readiness for enhanced hope
Risk for compromised human dignity
Disturbed personal identity
Risk for disturbed personal identity
Readiness for enhanced self-concept

Class 2. Self-esteem

Chronic low self-esteem
Risk for chronic low self-esteem
Situational low self-esteem
Risk for situational low self-esteem

Class 3. Body image

Disturbed body image

NANDA Nursing Diagnosis Domain 7. Role relationship
Class 1. Caregiving roles

Caregiver role strain
Risk for caregiver role strain
Impaired parenting
Risk for impaired parenting
Readiness for enhanced parenting

Class 2. Family relationships

Risk for impaired attachment
Dysfunctional family processes
Interrupted family processes
Readiness for enhanced family processes

Class 3. Role performance

Ineffective relationship
Risk for ineffective relationship
Readiness for enhanced relationship
Parental role conflict
Ineffective role performance
Impaired social interaction

NANDA Nursing Diagnosis Domain 8. Sexuality
Class 1. Sexual identity

This class does not currently contain any diagnoses

Class 2. Sexual function

Sexual dysfunction
Ineffective sexuality pattern

Class 3. Reproduction

Ineffective childbearing process
Risk for ineffective childbearing process
Readiness for enhanced childbearing process
Risk for disturbed maternal-fetal dyad

NANDA Nursing Diagnosis Domain 9. Coping/stress tolerance

Class 1. Post-trauma responses

Risk for complicated immigration transition
Post-trauma syndrome
Risk for post-trauma syndrome
Rape-trauma syndrome
Relocation stress syndrome
Risk for relocation stress syndrome

Class 2. Coping responses

Ineffective activity planning
Risk for ineffective activity planning
Anxiety (Nursing Care Plan)
Defensive coping
Ineffective coping
Readiness for enhanced coping
Ineffective community coping
Readiness for enhanced community coping
Compromised family coping
Disabled family coping
Readiness for enhanced family coping
Death anxiety
Ineffective denial
Fear
Grieving
Complicated grieving
Risk for complicated grieving
Impaired mood regulation
Powerlessness
Risk for powerlessness
Readiness for enhanced power
Impaired resilience
Risk for impaired resilience
Readiness for enhanced resilience
Chronic sorrow
Stress overload

Class 3. Neurobehavioral stress

Acute substance withdrawal syndrome
Risk for acute substance withdrawal syndrome
Autonomic dysreflexia
Risk for autonomic dysreflexia
Decreased intracranial adaptive capacity
Neonatal abstinence syndrome
Disorganized infant behaviour
Risk for disorganized infant behaviour
Readiness for enhanced organized infant behavior

NANDA Nursing Diagnosis Domain 10. Life principles

Class 1. Values

This class does not currently contain any diagnoses
Class 2. Beliefs

Readiness for enhanced spiritual well-being

Class 3. Value/belief/action congruence

Readiness for enhanced decision-making
Decisional conflict
Impaired emancipated decision-making
Risk for impaired emancipated decision-making
Readiness for enhanced emancipated decision-making
Moral distress
Impaired religiosity
Risk for impaired religiosity
Readiness for enhanced religiosity
Spiritual distress
Risk for spiritual distress

NANDA Nursing Diagnosis Domain 11. Safety/protection

Class 1. Infection

Risk for infection
Risk for surgical site infection
Class 2. Physical injury

Ineffective airway clearance
Risk for aspiration
Risk for bleeding (Nursing Care plan)
Impaired dentition
Risk for dry eye
Risk for dry mouth
Risk for falls
Risk for corneal injury
Risk for injury
Risk for urinary tract injury
Risk for perioperative positioning injury
Risk for thermal injury
Impaired oral mucous membrane integrity
Risk for impaired oral mucous membrane integrity
Risk for peripheral neurovascular dysfunction
Risk for physical trauma
Risk for vascular trauma
Risk for pressure ulcer
Risk for shock
Impaired skin integrity (Nursing Care Plan)
Risk for impaired skin integrity
Risk for sudden infant death
Risk for suffocation
Delayed surgical recovery

Risk for delayed surgical recovery

Impaired tissue integrity

Risk for impaired tissue integrity

Risk for venous thromboembolism

Class 3. Violence

Risk for female genital mutilation

Risk for other-directed violence

Risk for self-directed violence

Self-mutilation

Risk for self-mutilation

Risk for suicide

Class 4. Environmental hazards

Contamination

Risk for contamination

Risk for occupational injury

Risk for poisoning

Class 5. Defensive processes

Risk for adverse reaction to iodinated contrast media
Risk for allergy reaction

Latex allergy reaction

Risk for latex allergy reaction

Class 6. Thermoregulation

Hyperthermia

Hypothermia

Risk for hypothermia

Risk for perioperative hypothermia

Ineffective thermoregulation

Risk for ineffective thermoregulation

NANDA Nursing Diagnosis Domain 12. Comfort

Class 1. Physical comfort

Impaired comfort

Readiness for enhanced comfort

Nausea

Acute pain

Chronic pain

Chronic pain syndrome

Labor pain
Class 2. Environmental comfort

Impaired comfort
Readiness for enhanced comfort

Class 3. Social comfort

Impaired comfort
Readiness for enhanced comfort
Risk for loneliness
Social isolation

NANDA Nursing Diagnosis Domain 13. Growth/development

Class 1. Growth

This class does not currently contain any diagnoses

Class 2. Development

Risk for delayed development